

## First Time Rider's Guide

- ✚ The Smoke Rise Riding Club program is open to residents and non-residents of Smoke Rise.
- ✚ The first step is to call Ann Mitchell at 973-838-0785 to make an appointment for an introduction to Smoke Rise Farms and learn about the riding program, and we would hope make an appointment for a lesson. Ann is the barn manager and head trainer at the farm.
- ✚ Youngsters with no previous experience may be able to begin taking lessons as young as age five on one of the Smoke Rise schooling ponies. Horses are available for adults.
- ✚ Those with no previous experience take private, half hour lessons, which cost \$45. When the beginner becomes proficient, he or she may take 1-hour group lessons with 2 or 3 other riders of similar ability, which also costs \$45.
- ✚ For your first lesson, you need to wear hard-soled shoes or boots with a heel, long pants, preferably jeans, and a riding or bicycle helmet.
- ✚ When the thrill of riding convinces you to continue beyond your initial lessons, you are encouraged to join the Smoke Rise Riding Club, which offers substantial benefits for an annual fee of \$45 for an individual or \$75 for a family.